

SWIM TEAM

Benefits of Joining a swimming team

ACADEMIC AND EXTRACURRICULAR ADVANTAGES

- ◆ Enhances school applications by showcasing discipline, commitment, and teamwork.
- ◆ Contributes to extracurricular credits or achievements on school transcripts, creating a well-rounded academic profile.

TRAVEL AND EXPERIENCE

- ◆ Participation in swim meets offers valuable travel experiences and exposure to new locations and cultures.
- ◆ Team travel fosters personal growth, independence, and enhanced social interactions within the aquatic community.

CAREER OPPORTUNITIES

- ◆ Experience in swimming can lead to jobs in aquatic activities like lifeguarding, coaching, or swim instruction.
- ◆ Skills like teamwork, leadership, and time management gained from swimming are valuable in various careers and improve job prospects.

SKILL AND EXPERIENCE DEVELOPMENT

- ◆ Regular practice and competition significantly improve swimming techniques and overall performance.
- ◆ Competing in swim meets builds experience and confidence in competitive environments.

PERSONAL AND PROFESSIONAL GROWTH

- ◆ Discipline and Time Management, Balancing personal life develops effective time management and organizational skills.
- ◆ Leadership and Teamwork: The team environment fosters leadership skills and enhances the ability to work towards common goals

WHY JOINING THE SWIM TEAM?

We are part of the USA swimming

All team members are encouraged to compete for additional experience.



Pre-Team is also consider part of the Swim Team

We also welcome Level 6 & Level 7 Achievers: Time to Try Out for Our Swim Teams!

WE have both practice location in

- ◆ Manhattan
- ◆ Brooklyn

For more detail please check the following page:

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Page 1: Benefits of Joining a Swim Team

Page 2: Swim Team Schedule Overview

Page 3: General Swim Team Information

Page 4: Swim Team Information (Non-Competitive)

Page 5: Swim Team information (Competitive Team)

For further information or to address any concerns, please contact our office by Text /or Call (646) 661-1038 directly. Or you can Email to info@royalswim.com. We look forward to a successful swim season

Basic Rules for New Swim Team Members

1. Proper Swim Gear

- **Required:** Jammers (men), one-piece swimsuits (women), silicone swim caps, and goggles.
- **Not Allowed:** Swim trunks, long sleeves, skirts, or any non-standard attire. These are not permitted during long-distance practice. ➡ For full details, see the **Swimming Schedule (page 4)**: www.royalswim.com/260711

2. Punctuality & Attendance

- Arrive on time for every practice.
- **No make-up classes** are offered for swimmers attending **2 or more practices per week**. Please plan accordingly.

3. Effort & Focus

- Give your best at every session.
- Endurance and concentration are especially important during long-distance training.

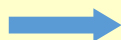
4. Sportsmanship

- Show respect to teammates and competitors.
- Celebrate the progress and achievements of others, both in practice and at meets.

5. Safety First

- Always follow safety protocols during practice.
- Inform your coach immediately if you feel unwell or need assistance.

OR refer to the next page for information on the annual membership.



[Page 4: Swim Team Information \(Non-Competitive\)](#)

[Page 5: Swim Team information \(Competitive Team\)](#)

Swim Team practice schedule 2025 - 2026

*Please be advised that the final practice schedule will be confirmed based on the number of members
We will provide updates accordingly by team group chat or text (schedule will update every 3 months)

Manhattan Swim Pool Location - 350 Grand Street, Manhattan, NY 10002
Please use Ludlow Street Entrance, if close please try the Grand street entrance

Short Distance	Swim Team (Pre-Team & Silver)	Swim Team (Gold)	Swim Team (Elite)
Please look at Regular Level 6, Level 7 or Pre - Team level schedule	- Saturday - Sunday - Tuesday	- Saturday - Sunday - Monday	- Saturday - Sunday -Tuesday

Brooklyn Swim Pool Location - 883 Classon Ave, Brooklyn, NY 11225
Please use Union Street, Door #3 for Swim Pool Entrance or the Main Entrance on Classon Ave

Short Distance	Swim Team (Pre-Team & Silver)	Swim Team (Gold)	Swim Team (Elite)
Please look at Regular Level 6, Level 7 or Pre - Team level schedule	- Saturday (TBA) - Sunday (TBA)	- Saturday (TBA) - Sunday (TBA)	- Saturday (TBA) - Sunday (TBA)

Swimming Team Information

General Information

USA Swimming Competitions

- Pre-Team, Silver, and Gold team members are encouraged to participate in swim meets to gain competition experience.
- New or Pre-Team swimmers are also recommended to join USA Swimming competitions for exposure to outside events.

Registration Options

- **Per Session:** Register for individual practice sessions as needed.
 - **Annual / Semi-Annual:** Streamlined registration is available annually or semi-annually.
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Practice & Meet Schedule

Swim Meets

- No regular practices on meet days.
- If you are a USA Swimming team member: On days when we have a swim meet, there will be no regular practices. However, students who wish to practice after a meet may join the Pre-Team hour at our Manhattan location on weekends.

Weekend Practices

- Practices are held at **either Manhattan or Brooklyn**.
- If one location is unavailable, practice will be switched to the alternate location (updates provided via text or group chat).

Practice Location Policy

- For consistent training, **no switching between Manhattan and Brooklyn locations** is allowed once weekend practices begin, except if a facility closes for repairs.
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Practice Recommendations

Non Competition Pre-Team & Regular Team (1-2 days per week recommended)

- Suggested plan for new swimmers:
 - Pick 1 day of short-distance practice (Level 6 or 7 time slot).
 - Add 1 day of long-distance practice (Saturday or Sunday).
- OR choose 2 days of weekend long-distance practice (Saturday and Sunday).

Competition Pre-Team and Silver Team (2-5 days per week recommended)

- Training includes both short and long-distance.
 - Optional weekday practices available.

Competition Gold / Elite Team

- **Mandatory:** Saturday and Sunday practices (long distance).
 - **Optional:** Tuesday practice (long distance).
 - Up to 5 practices per week allowed (Mix with short distance).
 - Extra Private sessions available for skill correction (additional fee applies).
 - Adding an extra Monday swim practice will **incur an additional fee**. For more information, please text office 646-661-1038
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Scheduling & Communication

- **Swimmer schedules** are assigned by the head coach and shared via text or group chat.
- Limited attendance (weekends and weekdays) may result in reassignment.
- Practice schedules and locations are reviewed and updated **every 3 months** by the head coach.
- Parents and swimmers should **check regularly** for updates via text or group announcements.

Pre-Team & Swim Team		Text Info:(646) 661-1038 www.royalswim.com info@royalswim.com Phone:(888) 831-0688
(For any team member register by Session - 10 week Program)		
Team Package A	\$510	Short Distance – One Practice per Week for 10 Weeks (choose from Wednesday to Sunday) Classes may be mixed with Level 6 or Level 7
Team Package B	\$630	Long Distance – One Practice per Week for 10 Weeks (choose from Saturday, Sunday, or Tuesday) Choose Long Distance time slot
Team Package C <i>Recommend</i>	\$790	Two Practices per Week for 10 Weeks – Short or Long Distance (Recommended) Select Short or Long Distance Time Slot (<i>Short Distance may be mixed with Level 6 or 7</i>) Option 1: Weekend Only (Saturday & Sunday) – 60 minutes per practice for 10 weeks Option 2: Weekdays Only (Wed, Thurs or Friday) – 60 minutes per practice for 10 weeks ** No make-up classes for swimmers with 2 or more weekly practices.
Team Package D	\$830 / x2 \$930 / x3 \$1,030 / x4 \$1,130 / x5	Two Practices per Week for 10 Weeks – Mix of Weekdays and Weekends (choose from Tuesday to Sunday; Short Distance classes may be mixed with Level 6 or Level 7) \$820 – Two practices per week (10 weeks, total 20 practices) +\$100 – Add 1 additional practice per week (10 weeks, total 30 practices) +\$200 – Add 2 additional practices per week (10 weeks, total 40 practices) +\$300 – Add 3 additional practices per week (10 weeks, total 50 practices)
One time Practice	\$100 / \$75	Registration per class or per weekend Only: Students who register on a per-class basis will incur a cost of ♦ \$100 for one weekend practices (both Saturday and Sunday in the same week) ♦ \$75 for each individual practice on any one day of the week
Monday Practice		Additional Monday Practice for Elite / Gold Members Only! Please note that adding an <u>extra Monday swim practice</u> will incur an additional fee. For more information, please text office 646-661-1038
Annual Package		Please see the bottom of this page (Page 4) for Non-Competitive Members. Please see Page 5 for Competitive Swim Meet Members. (<i>Recommended</i>)

Team Practice Duration: Pre-Team and Silver Team (60 Mins) Gold Team & Elite Team (60 mins or up)
Each practice is at least 60 minutes and may be longer based on the coach's plan and team level.

- ** No Make-Up Classes** for swimmers attending two or more practices per week. **Additional per change:** \$50 per session.
- ** All fees are non-refundable and non-creditable for any reason 5 days before the 1st class of the session with any reason**
 - Team practice durations are set by level, following a coach-designed lesson plan, so practice lengths may vary.
 - Team levels are adjusted based on performance, including speed, attendance, and participation in practices and meets. Swimmers meeting requirements may be promoted; those who do not may be demoted.

Pre-Team & Swim Team		Text Info:(646) 661-1038 www.royalswim.com info@royalswim.com Phone:(888) 831-0688
(For Non-Competitive, register by Annual Package) 10/1/26 to 9/30/27		
Short or Long Distance Annual Option:		<i>*(all Short Distance may be mixed with Level 6 or 7)</i> **Non-Competitive Annual package not available for Monday & Tuesday
Option A: \$2,780 – Two Practices per Week (At least 80 swim practices per year) Select Short or Long Distance. Two differ time Slot from (Wednesday, Thursday, Friday, Saturday or Sunday)		
Option B: \$3,380 – Three Practices per Week (At least 120 swim practices per year) Select Short or Long Distance. Three differ time Slot from (Wednesday, Thursday, Friday, Saturday or Sunday)		
Early Bird Payment Options – Pay in Full or Installment Plan:		
First Payment: \$1,000 due by 9/15 each year		
Second Payment: \$1,000 due by 10/15 each year		
Final Payment: Remaining balance due by 11/15 each year		
Grace Period: Payments made between 11/16 and 11/29 will still be accepted.		
Late Fee: \$200 late fee applies for payments received after 11/30.		
Please note: Annual packages are part of a special promotion and are non-refundable No make-up class, refunds or credits will be issued for any reason, including trips or health issues		

Team Uniform (Optional for non—competitive team member)

- ** Team Uniform Bundle \$80** – Includes Team Shirt, Hoodie & Team Cap
Individual Items (optional purchase): Team Shirt: \$20, Team Hoodie: \$55, Team Cap: \$20

Pre-Team & Swim Team (Competitive)

Text Info: (646) 661-1038
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Phone: (888) 831-0688

Annual & Semi-Annual Package - 10/1/26 to 9/30/27

\$2680 Annual Package (Recommend)

Period: 10/1/25 to 9/30/26

Saturday & Sunday practice - (At least 80 swim practices will be held per year, including swim meets)

- Swimmers may attend an extra **Tuesday** practice at no charge, only if space is available. Priority is given to those with strong attendance throughout each 10-week session (January, April, July, October). The team coach has the final authority to allow or deny any swimmer's participation in the Tuesday practice based on attendance, punctuality and overall commitment.
- A total of 56 spots will be reserved for competitive team's member for complimentary Tuesday practice.
- If Tuesday practice is canceled due to holidays, repairs, or any other reason, there will be no replacement or make-up.

Early Bird Payment Options, Pay in Full or Installment Plan:

First Payment: \$1,000 due by 9/15 each year
Second Payment: \$1,000 due by 10/15 each year
Final Payment: \$680 due by 11/15 each year

Grace Period: Payments made between 11/16 and 11/29 will still be accepted.
Late Fee: A \$200 late fee will apply for payments received after 11/30.

Essential Details for Participating in USA Swimming

All fees are non-refundable or non-creditable

- * **Annual Fee: \$490** (Covers Competition ID & Swim Meets for October 1 – September 30 each year)
Fee Breakdown: \$90 – Annual USA Swimming Competition ID (October 1 – September 30 each year)
\$0 – Free Team Cap (1 included; additional caps available for purchase)
\$400 – Includes entry into 6–8 swim meets per year (*additional fees apply for the 9th meet or beyond*)
- ** **Team Uniform Bundle \$60** – Includes Team Shirt & Hoodie (required for first-time USA Swimming members)
Individual Items (optional purchase): Team Shirt: \$20, Team Hoodie: \$55, Team Cap: \$20

Additional Monday Practice for Elite / Gold Members Only!

Please note that adding an extra Monday swim practice will incur an additional fee.
For more information, please text office 646-661-1038

\$1450 Semi Annual Package (Recommend)

Period: 4/1/25 to 9/30/26

Saturday & Sunday practice - (At least 80 swim practices will be held per year, including swim meets)

- Swimmers may attend an extra **Tuesday** practice at no charge, only if space is available. Priority is given to those with strong attendance throughout each 10-week session (April, July). The team coach has the final authority to allow or deny any swimmer's participation in the Tuesday practice based on attendance, punctuality and overall commitment.

Early Bird Payment Options, Pay in Full or Installment Plan:

Pay in full **\$1450 before March 15** OR Installment plan: **1st deposit \$800 before 3/15; 2nd installment \$650 before 4/15.**
All installments must be completed by April 30. Addition \$150 Late Fee: will be charged for payments received after May 1.

Essential Details for Participating in USA Swimming

All fees are non-refundable or non-creditable

- * **\$290 Semi-annual** (Covers Competition ID & Swim Meets for April 1 – September 30 each year)
Fee Breakdown: \$90 – USA Swimming Competition ID (April 1 – Aug 30 each year)
\$0 – Free Team Cap (1 included; additional caps available for purchase)
\$200 – Entry into 2 - 4 swim meets during half year (*additional charges apply for a 5th meet or more)
- ** **Team Uniform Bundle \$60** – Includes Team Shirt & Hoodie (required for first-time USA Swimming members)
Individual Items (optional purchase): Team Shirt: \$20, Team Hoodie: \$55, Team Cap: \$20

Team Practice Duration: Pre-Team and Silver Team (60 Mins) Gold Team & Elite Team (60 mins or up)
Each practice lasts **at least 60 minutes**, depending on the coach's lesson plan and the swimmer's team level.

- ** **No Make-Up Classes** for swimmers attending two or more practices per week. **Additional per change: \$50 per session.**
- ****All fees for the Annual Package are non-refundable and non-creditable for any reason after October 1 each year.**
- Team practice durations are set by level, following a coach-designed lesson plan, so practice lengths may vary.
- Team levels are adjusted based on performance, including speed, attendance, and participation in practices and meets. Swimmers meeting requirements may be promoted; those who do not may be demoted.

Please note: Annual packages are part of a special promotion and are non-refundable. No make-up class, refunds or credits will be issued for any reason, including trips or health issues.

Rule & Refund Policy

Text Info:(646) 661-1038
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Phone:(888) 831-0688

Per-Session Registration Policy

- **Withdrawal Prior to Session Start**— If a swimmer withdraws less than 10 days before the first day of the session or within the session, a \$100 fee will be deducted from the original payment to cover the registration and processing Fee. The remaining balance may be issued as a refund or account credit for a future session.
- **Withdrawal During the Session**— No refunds or credits will be issued once the session has started. This policy is in place because the spot is reserved, the coach is assigned for the full session, and mid-session replacements are not feasible.
- **Location Closures**— If the location is closed before the session begins, a full refund may be requested. If the location closes after the session has started, swimmers may: transfer to another available location, or wait until the original location reopens. No refunds will be issued once the session has started

Annual & Semi-Annual Packages – Non-Refundable

- These packages are offered at discounted rates in exchange for a long-term commitment. By enrolling, members acknowledge and accept this commitment.
- All annual packages (October–September) and semi-annual packages (April–September) are strictly non-refundable and non-creditable under all circumstances.

Limited Exceptions & Refund Calculation (Per Session Package Only)

- Refunds for semi-annual / annual packages may be considered only under exceptional and verifiable circumstances:
Medical conditions (official doctor’s note required): Refunds and credit are not available; however, approved cases will be accommodated with additional make-up classes/practice.
Permanent relocation outside the Metro/NYC area (valid proof required)
- All requests are subject to management review and approval at sole discretion. Approval is not guaranteed. If approved, fees will be recalculated at the standard per-session (non-discounted) or à la carte rate for all sessions attended. Only the remaining balance, if any, will be refunded.

Registration and Processing Fee

- A **\$100** (registration) registration and processing Fee: Covers enrollment, class placement, scheduling, and administrative costs. Non-refundable under all circumstances. Included in annual and semi-annual packages.

USA Swimming Membership (ID) Registration and Competition Fee

- Annual Fee: \$490 (covers USA Swimming ID, competition eligibility, and swim meets from October 1 – September 30).
- This fee is non-refundable, as it is paid directly to the governing organization.
The program typically provides 6–8 swim meets per year. If a swimmer chooses not to attend, it is considered forfeited and no credit or refund will be issued

Refund Processing & Submission Requirements

- All refund requests must be submitted in email or text, along with any required supporting documentation at the time of submission. Incomplete requests will result in automatic denial.
- The effective date of a refund is the date the written request is approved. Approved refunds will be processed within **3-5 business days**.
- Refunds will be issued using the original method of payment (Zelle, check, or cash) and made payable to the swimmer (age 18+) or the parent/guardian (if under 18). Cash payments will be refunded by check.
- Refund checks will be available within 3–5 business days after processing and may be picked up in person or mailed upon request. Please provide your email address and mailing address if you would like the check to be sent by mail.

Additional Terms

- All refund requests must be submitted in email or text
- Supporting documentation is required at the time of request
- Incomplete submissions will result in automatic denial
- The swim school reserves the right to make exceptions at its sole discretion. Any exception granted is a one-time courtesy and does not establish precedent or modify this policy.

******By enrolling, members and parents/guardians acknowledge that they have read, understood, and agreed to this policy in full.