

To All Parents & Student Brooklyn location, please take your time to read the latest update:
Brooklyn Fall Session 2022—First day of the Fall session will start at time chart below

Saturday	10/15	10/29	11/5	11/12	11/19	12/3	12/10	12/17	1/7/23	1/14/23
Sunday	10/16	10/30	11/6	11/13	11/20	12/4	12/11	12/18	1/8/23	1/15/23

***No Class:** Oct 8 & 9 (Columbus Weekend), Nov 11 (Veterans Day), Nov 24 to 29 (Thanksgiving Weekend)

Suggestion for swim class uniform, please use the picture below for references.

Standard Swimsuit for Swimming lesson

Swimming Jammers & one piece

- More durable & Chlorine Resistant
- Less Drag in the water
- Can use for certain level of competition

Silicone Swim Cap

- Protect your hair well from chlorine
- Last longer than latex or cotton cap

Clear Goggles

- Goggle with nose bridge will be more comfortable
- Will easier to have eye contact with coach



Non Suggested Swimsuit

Swim trunks & Long Sleeves skirts

- Will absorb mass of water
- Drag more water, causing bad forms
- Chances of suffocation from shirts

Fabric Swim Cap

- Fabric / Latex swim cap will be too soft or too tight
- Some people might have allergic to latex

Diving Goggle

- No nose bridge, very uncomfortable.
- Will be very tight and water will leak in easily



Rules and Regulation

Please take a moment to read the information:

- ◇ All student have 1 free makeup class during session. There's no makeup class for student who swim **twice a week**, if request extra makeup lesson will be cost \$45 per class.
- ◇ Make-up class within a semester must be done in the same semester. Cannot be carried over to the new semester
- ◇ Please arrive 20 minutes before class start to get change and prepare
- ◇ Must have goggle, and swimming cap, Suggest 2 towels (1 for pool use, other 1 for shower)
- ◇ Parents please remain seated, **DO NOT** enter the pool area, if any question, please text message to office
- ◇ Student who are over 7 years old will need to change/prepare by themselves
Please inform our staff for assists if needed
- ◇ No picture and video recording at the pool area due to personal privacy
- ◇ No Food or Drinks are allowed in the pool area (No Coffee, Bubble Tea, Candy, Cookie... etc.)
- ◇ **DO NOT** leave anything overnight in the locker room
- ◇ No Running, Screaming, Jumping in the Pool area

Royal Athletic reserves the right to make any final changes, please refer to our swimming website:
www.royalswim.com for details